

HERBAL TINCTURES AND HORMONE BALANCERS:

Contain no hormones



NF 031 HORMONE BALANCING SERUM (Selective Oestrogen Receptor Modulator): AGNUS CASTUS 50ml tincture of 20% alcohol. Vitex Agnus-Castus, commonly known as Chasteberry, helps to balance testosterone that can cause problems with acne and facial hair, PMS (pre-menstrual stress), obesity and menopausal symptoms.

NF 030 HORMONE BALANCING SERUM: BLACK COHOSH 50ml tincture of 20% alcohol. For menopausal symptoms, hot flushes, stress, poor sleep, low mood and PMS and low Cortisol/DHEA.



NF 032 HORMONE BALANCING SWEET POTATO 50ml tincture of 20% alcohol. A natural progesterone precursor for balancing oestrogen and progesterone, modifying hot flushes, PMS, menopause, breast tenderness, or for temporarily delaying menstruation (sport, wedding, fasting, etc).

NF 034 PROSTATE REMEDY 50ml tincture of 20% alcohol. Saw Palmetto, Nettle, Dandelion, Ginseng, Ginger, Red Clover, Willow herb and Olive leaf. Helps to support urinary and prostate health and to reduce PSA (prostate-specific antigen). Seek advice if on medication.

NF 044 TRIBULUS TERRESTRIS 50ml tincture of 40% alcohol. Helps fertility, libido for men and women, for muscle building, energy and stamina, focus and mental alertness.

NF 046 COLEUS FORSKOHLII 50ml tincture of 40% alcohol. Warning: consult your doctor if on blood pressure medication. Stimulates thyroid function and the secretion of hormones to speed up metabolism. Helps with insulin resistance.



NF 038 OLIVE LEAF TINCTURE 50ml tincture 40% alcohol. Used topically for skin problems or septic wounds. Consult a doctor first if pregnant. Taken orally, natural antiviral and antimicrobial action for colds and flu.

HERBAL ANTIMICROBIAL SKIN and BATH PRODUCTS

NF 005 ALOE SKIN THERAPY GEL 75ml tube. A toning gel for sensitive problem skin. It can be used as a shaving cream on ingrown hairs and skin rashes. It can soothe sunburn, itches and nappy rash. Contains Rooibos tea, Sage, Buchu, Aloe Ferox extracts and MSM.

NF 026 ANTIMICROBIAL BODY WASH 250ml bottle. PH 3.5 balanced. With Olive Leaf, Black Walnut, Sage, Pine, and probiotics. For shower, hair, bath, and intimate use. Helps control odour, infections, and dry skin. No perfume, colouring, SLES or parabens.

NF 027 SENSITIVE BODY WASH 250ml bottle. pH 3.5 balanced. With Rooibos, Calendula and Urtica (Urticaria). For douche, shampoo or bubble bath. Gentle for sensitive or inflamed skin. Suitable for babies and post-op care.



HERBAL ANTIMICROBIAL SKIN and BATH PRODUCTS

NF 022 HERPEASE 20ml bottle. With L-lysine, Lemon Balm, Olive Leaf, Tea Tree, Myrrh, Zinc, Copper, Camphor, Eucalyptus Oil. Apply prior to exposure to sun and wind to help prevent fever blisters.



NF 019 BEE BALM 100ml jar. With Beeswax, honey, herbs, Propolis and Papain enzymes. Helps for rough, dry skin around fingers and toenails, elbows and heels. Helps to control eczema, psoriasis and ringworm.

NF 020 PAIN THERAPY GEL 100ml bottle. 10 herbal actives for pain, stiffness, sore muscles, joints, tendons and bruises. Gentle, soothing, non-oily, non-staining. Contains Arnica, Comfrey, Devil's Claw, Ginger, Capsicum, MSM, and Eucalyptus to help stimulate circulation. Ledum, Phytolacca and Pine for pain relief and healing.

NF 036 FIRST AID THERAPY BALM 75ml tube. Antimicrobial herbs: Olive Leaf, Blackseed, Calendula, Comfrey, Tea Tree, Lavender and Beeswax for cuts, wounds, burns, rashes and bruising.

NF 049 DEO-BUSTER CREAM 100ml jar. Colloidal silver, iodine, witch hazel, zinc ricinolate and calendula for natural perspiration. Helps for groin, feet, skinfolds and areas prone to chafing. No aluminium, perfume, parabens or triclosan.

NF 056 DEAO-BUSTER SPRAY 150ml bottle. Skin friendly spray deodorant for underarm, skin folds and feet. Also, a sanitiser for toilets and as an insect repellent. Contains Rosemary, Sage, Buchu, Wild Olive, Zinc Ricinolate, Lavender Eucalyptus and Pine.



NF 055 FACE FOOD 75ml tube. With HYALURONIC ACID, Grapeseed and Jojoba oils, Rooibos, Vitamin E, MSM, Colloidal silver, calendula and comfrey. pH balanced. Absorbed directly into the skin to help boost collagen and protect from sun damage. No parabens, SLES/SLS, parfum or alcohol.

NF 065 TEEN ACTIVE RANGE: SKIN WASH 250 ml bottle. A gentle, foaming cleanser, suitable for teenage skin to help with inflammation, acne and rashes. Contains Tea Tree oil, colloidal silver, and herbal extracts of Olive Leaf, Artemisia, Urtica, Calendula, Sage and Rosemary.

NF 066 TEEN ACTIVE RANGE: SKIN FOOD 100 ml jar. For moisturising and skin care, especially suitable for teenage skin. Contains Hyaluronic acid and herbal extracts: Sunflower, Grapeseed, Canola, Shea butter, Aloe Bitters, Rooibos, Nigella Sativa, Olive leaf, Artemisia, Sage and Rosemary.



NF 067 TEEN ACTIVE RANGE: SKIN FIX 150 ml bottle. A gentle treatment for sensitive skin with a fresh citrus fragrance. Anti-microbial Contains Calendula, Urea, Papain, Aloe, Zinc, Olive leaf, Artemisia, Sage and Rosemary and Colloidal Silver.



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NF 010 CALCIUM COMPLEX 300g powder. ±60 x 5 ml doses. Contains calcium, magnesium, boron, zinc, potassium, trace minerals, vitamin D3, B6 and tissue salts. PH balance of 7.

NF 012 CALCIUM COMPLEX TABLETS 100 tablets. Same formulation as the powder. 5 tablets = 1 teaspoon of powder.

NF 025 OLIVE LEAF TABLETS 90 tablets. Antiviral, antimicrobial and antifungal properties. Can assist in lowering blood sugar, blood pressure and with circulation. Does not harm beneficial gut bacteria.

NF 033 OLIVE LEAF AND CALMAG TABLETS 90 tablets. Buffered with calcium, magnesium, potassium and trace minerals. Helps to minimise the detox (Herxheimer) reaction when healing.

NF 024 PAIN SUPPLEMENT: 90g powder. Contains natural sulphur MSM (Methylsulfonylmethane), vitamin C, boron, calcium, magnesium and tissue salts. For joint pains, skin and collagen repair.

NF 045 MEGAMAX 50 capsules. Contains L-arginine, Tribulus terrestris, Gotu Kola, Cat's Claw, Olive Leaf, Alfalfa and Saw Palmetto. A hormonal enhancer, energy and libido booster.

NF 051 PARASITE CAPSULES 40 per jar. Contains Olive Leaf, Artemisia Annu, Cloves, Black Walnut (Juglans nigra), Wormwood (Artemisia Absinthium). Does not harm beneficial gut flora. Helps to eliminate microbes, viruses, parasites, fungi and bacteria.

NF 042 PARASITE REMEDY 200ml tincture. 20% alcohol. Contains Olive leaf, Artemisia Annu, Ivy (Hedera helix for mucous and liver flukes), Cloves (eliminates parasite eggs), Wormwood (Artemisia absinthium). Does not harm beneficial gut flora.



NF 047 PROBIOTIC LIQUID 200ml bottle. 15 strains of beneficial bacteria plus selenium. Add to water or juice and leave overnight to double the microbial count. Take after using antibiotics to replenish beneficial gut flora. Aids digestion.



NF 048 PROBIOTIC SPRAY 200ml bottle. 15 strains of beneficial bacteria. Enhanced with 10% colloidal silver for enhanced activity at a low dose that does not affect the beneficial bacteria. Spray onto food or raw salads before eating. Use topically for skin wounds, infections and rashes. It can be used as a disinfecting throat spray.



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INTIMATE HYGIENE pH balanced to 3.5 Cleansers Lubricants

Cleansers have no SLES, perfume, alcohol, colouring, parabens or harmful chemicals. It can be used for pets with skin problems. Use as a bubble bath, douche or for shower and shampoo.



NF 016 INTIMATE CLEANSER TEA TREE 250ml bottle. Herbal extracts: Rooibos, lavender, Urtica, Calendula, and Witch Hazel, 15 strains of probiotics. Tea tree oil helps to control odour and skin irritation and fungal infections, and to deodorise and give protection from fungal and bacterial infections.

NF 017 INTIMATE CLEANSER ROOIBOS & PROBIOTICS 250ml bottle. Additional Rooibos and herbal extracts with 15 probiotic strains, Lavender, Urtica, Calendula, and Witch Hazel. Gentle for babies and post-surgical cleansing.

NF 014 PERSONAL LUBRICANT FRAGRANCE FREE 100ml bottle.

Hypoallergenic, no perfume or colouring. Gentle water-based lubricant for sensitive skin, no irritation, safe for use with condoms, no staining, no irritation. For post-surgical swabbing of any cuts, wounds or lesions. Safe for pets.



NF 013 PERSONAL LUBRICANT TEA TREE 100ml bottle. with Tea tree oil helps to control odours and infections, water based. Gentle, safe for use with condoms, non- staining. Can be used for swabbing open wounds or intimate areas especially during menstruation.

NF 015 PERSONAL LUBRICANT WILD ROSE 100ml bottle. Gentle sensually fragrant lubricant with Sandalwood, Damask Rose and Lavender. Safe for use with condoms, no staining. For genital discomfort, itching or burning.



NF 059 ARTEMESIA AFRA ethanol tincture 50ml. Herbal extract of Artemisia Annu, Olive leaf, Kalonji (Nigella sativa). Helps to prevent internal parasites. Antiviral, antifungal and antibiotic.

NF 057 HERBAL TEA BAGS 10 tea bags per sachet. Assists the body in managing colds and flu.



ORAL HYGIENE Fluoride-free for the whole family

NO fluoride, parabens, SLS/SLES, alcohol, saccharine, sucralose, colour, synthetic flavours. No irritating chemicals. Xylitol and stevia are sweetened. Stevia to protect from plaque-forming bacteria.



NF 001 HERBAL TOOTHPASTE 100ml tube. Mild, creamy toothpaste with herbal extracts, xylitol, coconut oil, and calcium carbonate. Clove, cinnamon, magnesium and zinc are tooth nutrients as well as cleaners. No bleach or peroxides. Not safe for pets.

NF 006 HERBAL TOOTH POLISH 100ml tube. Gently polish off stains on teeth from food, coffee, tea, smoking, etc. Coconut oil, xylitol, bicarbonate of soda, calcium carbonate, zinc. Not safe for pets.

NF 003 ALOE GUM THERAPY TOOTHPASTE 100ml tube. For sensitive teeth and gums, tooth extraction and post-op care. Contains Aloe Ferox, Calcium, Magnesium, Zinc and Vitamin C. Propolis helps prevent germs and infection. Safe for pets.

NF 004 JUNIOR TOOTHPASTE 75ml tube. Rooibos, Calendula, Xylitol, calcium carbonate. Sweetened with Stevia. Homeopathic Fluoride (calc fluor D6) is Safe for babies to use on teething rings or occasionally swallow. Helps ease teething pain and soothe the gums.



NF 040 BREATH BUSTER MOUTHWASH 250ml bottle.

With herbal extracts: Olive Leaf, Tea Tree oil, Clove, Aloe Ferox bitters, green tea, Calendula, Licorice root and Rooibos. Helps to freshen the breath and protect against germs in the mouth and throat. Helps to ease pain, bleeding gums



Consult a healthcare practitioner before using any supplements. Some of them may have a similar effect to drugs and interact with medication (especially blood thinners, blood pressure or sweeteners). They will assist with a healthy lifestyle, not replace it. These products have not been evaluated by SAHPRA and are not intended to diagnose, treat, cure or prevent any illness.



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